

# Coloring Challenge

SHARPEN YOUR CRAYONS, UNCAP YOUR MARKERS, WET YOUR WATERCOLORS!

## Instructions

Have your child/children create a drawing of their happiest day or simply a **“Happy Day Picture”**.

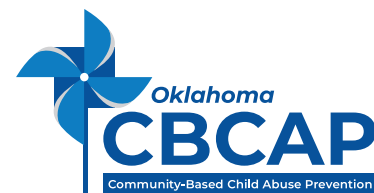
- 1 Click or Scan the code for the coloring challenge template or use a plain white piece of paper.**  
If using plain white paper, add the child's first name only, age, and #pictureabrighterfuture.
- 2 Color Away!**  
(Remember to be creative and have fun!)
- 3 Take a photo of the drawing with your smartphone. To register, click or scan the QR Code above and click the “Submit” link at the bottom of the first page.**  
Once submitted, go to page 3 and check the box next to “Coloring Page Challenge.” Finish the Coloring Challenge registration by completing the rest of the form with all the information that applies.
- 4 SHARE! SHARE! SHARE!**  
**Help make this a viral sensation!**
  - Upload the drawing to your **Facebook, Twitter** and **Instagram** pages and describe your artwork to provide context. Use hashtag #pictureabrighterfuture.
  - Like the **“Oklahoma Child Abuse Prevention”** Facebook Page and then upload your child's drawing directly to that page using #pictureabrighterfuture along with a few words to describe the picture.
  - **Don't use Social Media?** Email LachezE@health.ok.gov. Include contact info, the child's first name, age, and a few words about the drawing with the JPG or PDF. Be sure to include **“Coloring Challenge Social Media”** as the email's subject line.
- 5 Watch for more Happy Day Pictures on the Oklahoma Child Abuse Prevention Facebook Page!**



Upload or share all Happiest Day pictures by **May 16, 2025**



## Planting Positive Roots



OKLAHOMA  
State Department  
of Health

# My Happiest Day

First Name: \_\_\_\_\_ Age: \_\_\_\_\_



